

Health and Safety Risk Assessment



Aspect: GSR Training at Snow Factor

Date of HSRA: 04/10/2020

Ref.	What are the hazards?	Who might be harmed and how?	What actions are required to reduce risk?	Who is the action with?	When should the action be taken?
	COVID-19	GSR Staff GSR Athletes Other Slope Users	<ul style="list-style-type: none"> ▪ GSR Staff and GSR Athletes shall comply with all COVID-19 related guidelines and mitigations measures set by Snow Factor. ▪ As a minimum, GSR Staff and GSR Athletes are expected to: <ul style="list-style-type: none"> ○ Wear a mask over their mouth and nose when in public areas (not including ski slope). ○ Keep socially distanced in public areas and in tow queues. ○ Wash hands or use hand sanitiser regularly when off slope. ▪ Should any GSR Staff or GSR Athlete refuse to follow COVID-19 related guidelines, that person may be removed from the session. 	GSR Staff	Before, during and after session
	Snow Factor specific hazards	GSR Staff GSR Athletes	<ul style="list-style-type: none"> ▪ GSR Staff to ensure that they and GSR Athletes comply with all health and safety rules and procedures set by Snow Factor. 	GSR Staff	Before, during and after session

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			<ul style="list-style-type: none"> Should any GSR Staff or GSR Athlete refuse to follow Snow Factor health and safety rules and procedures, that person may be removed from the session. 		
	Travel to and from Snow Factor	GSR Staff GSR Athletes	<ul style="list-style-type: none"> GSR Staff shall travel to Snow Factor, generally driving using personal vehicles. GSR Staff shall comply with local traffic laws and drive in a safe manner at all times. The use of mobile phones while driving is prohibited. GSR Athletes will be required to meet GSR Staff at Snow Factor. As such, GSR Athlete travel to and from Snow Factor are out with the control of GSR or GSC. 	GSR Staff	Before and after session
	Race courses	GSR Athletes <i>Personal injury</i>	<ul style="list-style-type: none"> GSR Staff are not permitted to drill holes for race gates. Drilling should only be done by Snow Factor staff. GSR Staff shall inspect all course sets for suitability before allowing GSR Athletes into the course. Should GSR Staff have an issue with the course set or the condition of the race equipment (e.g. race gates), GSR Staff shall bring this to the attention of Snow Factor staff. GSR Athletes to wear helmets at all times during the session. 	GSR Staff	Before and during session
	Snow conditions	GSR Athletes <i>Personal injury</i>	<ul style="list-style-type: none"> GSR Staff shall monitor the condition of the slope with respects to the safety of GSR Athletes. This shall include monitoring of condition of the racecourses (e.g. formation of ruts). Should GSR Staff have an issue with snow conditions, GSR Staff shall bring this to the attention of Snow Factor staff. 	GSR Staff	Before and during session
	Slips, trips, and falls	GSR Staff GSR Athletes	<ul style="list-style-type: none"> GSR Staff and GSR Athletes are expected to walk in a calm and safe manner while moving through public areas. Additional care should be taken when in ski boots 	GSR Staff	Before and during session

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			<p>where puddles are present in the ski store area and when using stairs.</p> <ul style="list-style-type: none"> GSR Staff and GSR Athlete's equipment should be carried in a safe manner, taking care not to hit anything while carrying skis and poles. 		
	Collision with other slope users	GSR Staff GSR Athletes Other Slope Users	<ul style="list-style-type: none"> GSR Staff to ensure that they, and GSR Athletes, ski with respect and consideration towards Other Slope Users. GSR Staff to ensure that GSR Athletes ski in less populated areas of the slope where possible and slow to an appropriate speed at the bottom of the slope. 	GSR Staff	Before and during session
	Cold conditions	GSR Staff GSR Athletes <i>Illness</i>	<ul style="list-style-type: none"> Appropriate clothing to be worn, considering the constant cold temperatures inside Snow Factor. Should GSR Staff become concerned by the appropriateness of a GSR Athlete's clothing, the GSR Athlete may be asked to add additional or different layers. Should a GSR Athlete become adversely impacted by the cold weather, GSR Staff may request that the GSR Athlete leaves the slope so they can warm up. 	GSR Staff	Before and during session
	Eating on the slope	GSR Staff GSR Athletes <i>Choking</i>	<ul style="list-style-type: none"> No food is to be consumed while skiing. Food, including snacks, should be eaten at designated break points or at a time agreed with GSR Staff. Chewing gum is not allowed during the session. 	GSR Staff	Before and during session
	Alcohol / drugs misuse	GSR Staff GSR Athletes <i>Personal injury</i>	<ul style="list-style-type: none"> GSR Staff shall not be under the influence of drugs or alcohol during the session. Additional care should be taken in the consumption of alcohol in evenings prior to an early morning session at Snow Factor. Should GSR Staff suspect another GSR Staff is unfit or unsafe to work due to alcohol or drug use, the GSR Staff in question should be removed from the slope and sent home via public transport. 	GSR Staff	Before session

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	Existing medical conditions or injuries	GSR Staff GSR Athletes <i>Health issues or personal injury</i>	<ul style="list-style-type: none"> ▪ GSR to ask GSR Athletes to declare any known injuries or medical conditions that may impact their participation in the session. ▪ GSR Staff to hold any medicines/medical equipment (e.g. inhalers, EpiPen's, etc) in a safe place during the session. 	GSR Staff	Before, during and after session

Terminology:

GSC: Glasgow Ski & Snowboard Centre.

GSR: Glasgow Ski Racing.

GSR Staff: Any person employed by GSC, including GSR coaches, management, and support staff.

GSR Athlete: Any person(s) participating in a ski session under the supervision of GSR Staff.

Other Slope Users: Any person(s) on the slope not associated with GSR, including Snow Factor staff.